# **5 Day Test Prep**

The 5 Day Test Preparation plan explains the key concepts of the five-day study plan, show you how to organize your study materials, and prepares you for success with a study strategy that works!

## **Key Concepts of the 5 Day Test Preparation**

1. Start Early – Consider beginning your studying early. This gives you time to organize study materials, ask questions, and review information well before your exam!
2. Use short, frequent study sessions – Studying for about 30-50 minutes with breaks should be enough time to complete your studying. If you study for long hours at a time, you may not retain the information you are trying to review.
3. Structure your study time over 5 days. – Instead of studying a day or two before your exam, consider studying for five days so you can become familiar with the information you will be assessed on.
4. Commit to your plan – You are in the driver’s seat of your learning. Consider creating a study plan that works and is realistic for you!

## **Implementing 5 Day Test Preparation**

* Consider dividing the material you need to study into 4 chronological and equal parts
	+ A. (Oldest material)
	+ B. (Second oldest material)
	+ C. (Third oldest material)
	+ D. (Newest information)
* For each day of your study plan, you will select 2-3 preparation and review strategies to help you prepare. The only day you will not review is the first day.

## **Preparation Strategies**

* Make flash cards
* Create a study guide
* Create concept maps
* Organize/summarize class notes
* Predict test questions
* List formulas
* Complete online reviews

## **Review Strategies**

* Practice with flash cards
* Recite main ideas from notes without looking
* Recreate concept maps from memory
* Rewrite your notes from memory
* Quiz yourself on predicted test questions
* Recite/write formulas
* Complete practice problems

## **Planning Your 5 Day Test Preparation**

Use the space and the chat below to create your own five-day study plan. Label what your A, B, C, and D study topics are for each day of review.

A.

B.

C.

D.

Fill in the 2-3 strategies you will use in each time block using the examples on the previous page (above).

### **Day 1:**

Date:

Prepare A (1-2 hours)

* Strategy:
* Strategy:
* Strategy:

### **Day 2:**

Date:

Prepare B (1-2 hours)

* Strategy:
* Strategy:
* Strategy:

Review A (30 min – 1 hour)

* Strategy:
* Strategy:
* Strategy:

### **Day 3:**

Date:

Prepare C (1-2 hours)

* Strategy:
* Strategy:
* Strategy:

Review B (30 min – 1 hour)

* Strategy:
* Strategy:
* Strategy:

Review A (15-30 min)

* Strategy:
* Strategy:
* Strategy:

### **Day 4:**

Date:

Prepare D (1-2 hours)

* Strategy:
* Strategy:
* Strategy:

Review C (30 min-1 hour)

* Strategy:
* Strategy:
* Strategy:

Review B (15-30 min)

* Strategy:
* Strategy:
* Strategy:

Review A (15-30 min)

* Strategy:
* Strategy:
* Strategy:

Self-test

### **Day 5:**

Date:

Review D (30 min-1 hour)

* Strategy:
* Strategy:
* Strategy:

Review C (10-20 min)

* Strategy:
* Strategy:
* Strategy:

Revi A & B (20-40 min)

* Strategy:
* Strategy:
* Strategy:

Relax

* Strategy:
* Strategy:
* Strategy:

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