**Guided Study Aid**(Use one guide per course per concept/skill/learning outcome per study session.)

Your name: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Today’s date: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Your course: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Planned amount of time for this material: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

**Plan your work**

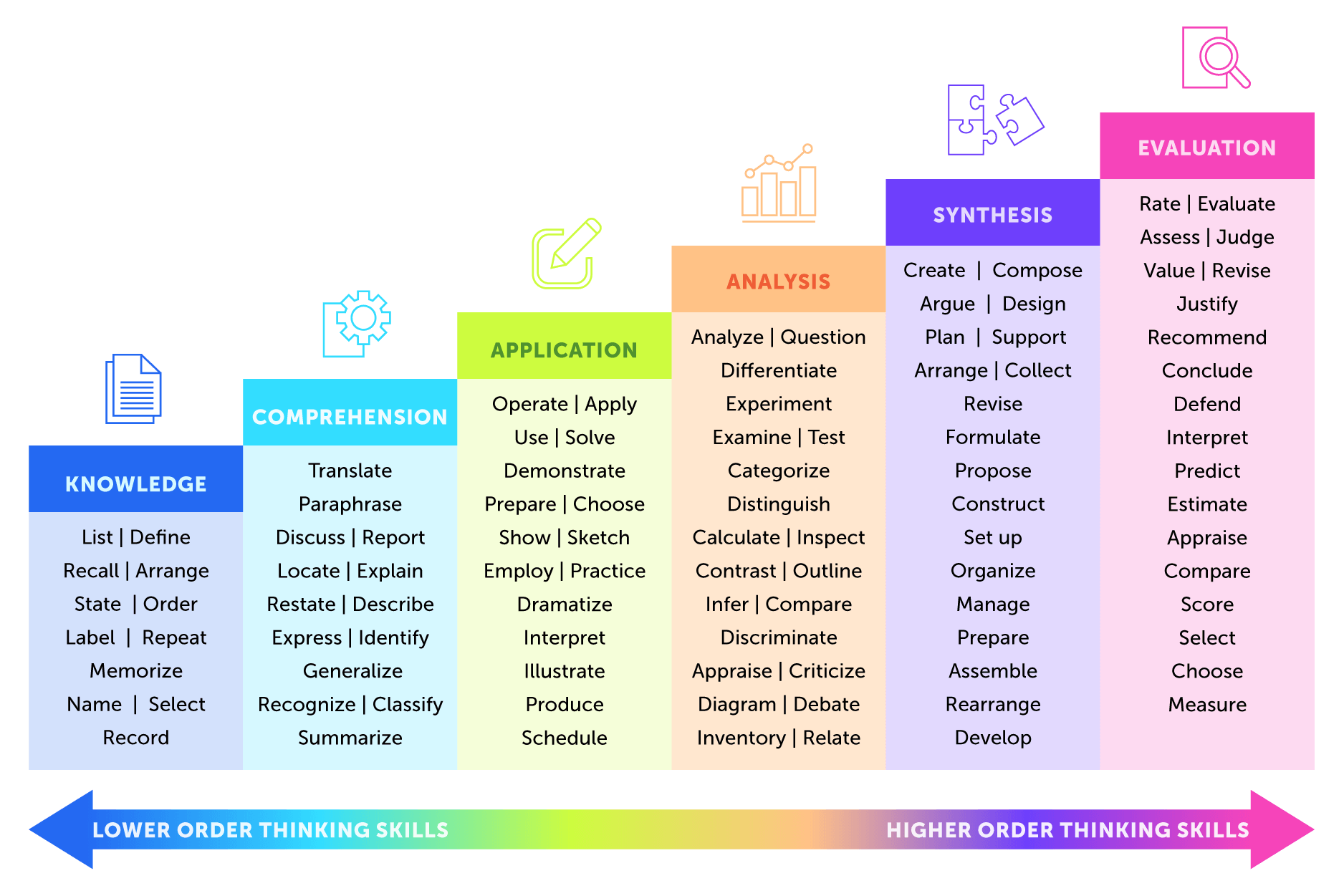
This is the concept, skill, or course learning outcome I will focus on:

|  |
| --- |
|  |

I’ll use the following resources:

|  |  |  |
| --- | --- | --- |
| Librarian | Student Success Staff | Research resources/books |
| Peer Mentor | Peer Tutor | Study group |
| My own textbook & materials | Workshop/Success Social | Other |

I will know I’ve been successful because I will be able to:



**Demonstrate your learning**

Show here what you said you would be able to do if you’re successful – or show as much as you can attempt!

**Check your effectiveness**

**Were you able to accomplish the learning you planned?** Yes! No. 😊 😐 ☹

|  |  |  |
| --- | --- | --- |
| I was able to focus | **Focus** | I was not able to focus |
| I had everything I needed | **Resources** | I didn’t have books, notes, computer, etc. |
| I understood enough to be able to learn | **Understanding** | I tried but still didn’t understand |
| I was rocking today, or just enough | **Effort** | I just couldn’t. Not able to “can” today. |
| I knew what to do to be able to learn | **Strategies** | I didn’t know how to engage the material |
| Able to care for myself well | **Wellness** | Too hungry, tired, or stressed |
| I worked mostly without errors | **Accuracy** | I made numerous errors |
| \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ | **Other** | \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ |

**What is your next step?**

|  |  |
| --- | --- |
| Move on to the next concept | Meet with a tutor (when?): |
| Return to this (when?): | Meet with a peer mentor (when?): |
| Visit office hours (when?): | Ask\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ for support |
| Meet with Office of Student Success staff | Gather materials: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ |
| Eat, sleep, exercise, de-stress | Other |